



History of the Springs: Celebrating over 100 years

Sycamore Mineral Springs Resort has a legendary history reaching back to the Spanish- and Mexican era, early American California, and the wild days of the Old West.

In 1886 two weathered prospectors started drilling for “liquid gold.” To their surprise they didn’t find oil, but white hot sulphur mineral water. Because of the water’s curative effects, the proprietors established a popular spa and mineral springs resort on the present location.

In the early part of the 20th century, the Pacific Coast Railway—which stopped right across the street—brought travelers from Los Angeles and San Francisco on its stunning coastal route to this increasingly popular outpost on the Central Coast. A few years later in the 1930s, the word was out and many Hollywood celebrities started sojourning at the resort on their trips to Hearst Castle.

About this same time, the new owners renamed the property Sycamore Mineral Springs Resort. They decided it should be a therapeutic center staffed by doctors and nurses. People journeyed far-and-wide for the mineral water treatments to “cure” their aches, pains, arthritis, and other sundry ailments.

Some 40 years later in the mid-1970s there was considerable shift in focus, and Sycamore Mineral Springs once again became a destination resort. King Ventures, the current owner, purchased the property in 2003 with the commitment to establishing its legacy as an authentic California mineral springs resort. Our storied history, of course, is just one aspect of our property.

Sycamore Mineral Springs Resort, resting atop hot mineral springs and spanning more than 100 acres of forest, hills and meadows is the ideal environment to refresh, renew, and restore one’s mind, body, and spirit.



Sycamore Spa & Wellness Center

The Spa offers a wide range of spa treatments, including a wide variety of massage, facials, and body treatments. Our spa offers a complimentary 30 minute hillside mineral springs soak in your own private secluded hot tub before your treatment.

Hillside Mineral Springs Hot Tubs

Our private tubs are tucked into the wooded hillside and canopied by oak and sycamore trees. Tubs vary in size, accommodating from two to eight people, and our fresh water Oasis is perfect for large groups of up to 30.

Yoga, Tai Chi & Pilates Classes & Guided Hikes

Explore your inner self and art of physical fitness with a selection of mind-body classes in our Healing Arts Center. These classes and hikes are complimentary to our hotel guests; and daily or monthly passes are available to purchase for the local community.

Corporate, Group, Personal Retreats, Weddings and Banquets

The resort offers a variety of health and wellness, corporate, group and personal retreats including the new Girlfriends Getaway Package. Garden gazebo wedding ceremonies, event coordination, intimate receptions and banquet services are also available.

Labyrinth & Meditation Garden

Navigate the stone pathway of our Labyrinth and its transforming metaphors. And our Meditation Garden is the perfect environment to reflect on life on of books, greeting cards, and local wines.